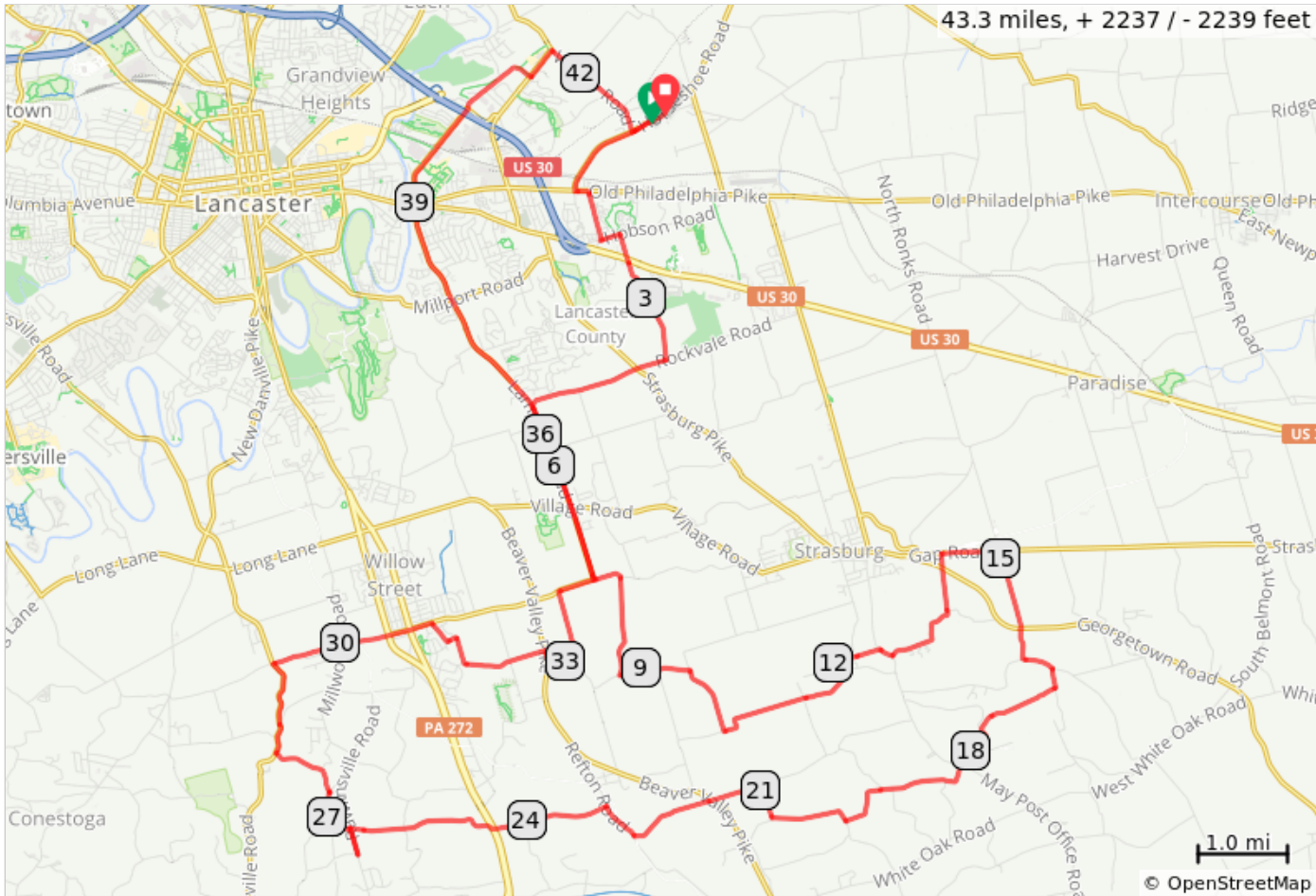


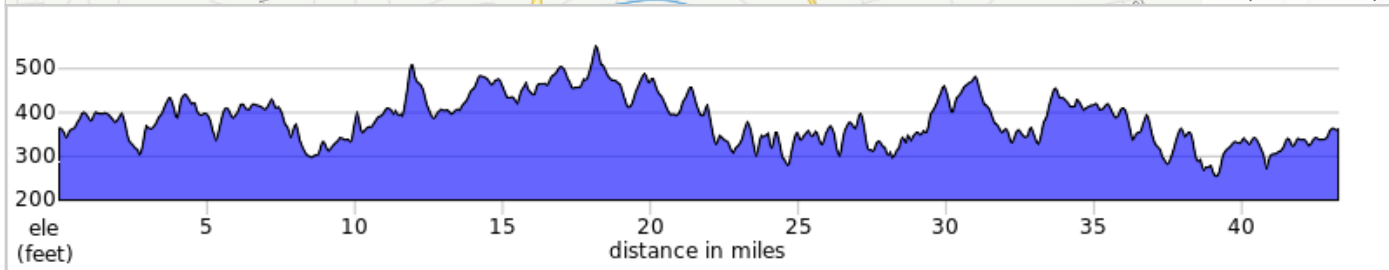
CV Throttles and Bottles (43H)



Start: Conestoga Valley High School

Terrain: Hilly
Max Grade: 7.5%

Rev: May 2019



CV Throttles and Bottles (43H)

Type	Dist	Note
	0.0	Start of route
	0.0	Left onto Horseshoe Rd
	1.2	Left onto PA-340 E
	1.4	Right onto Oakview Rd
	1.9	Left onto Hobson Rd
	2.1	Right onto Harvest Rd
	2.4	Continue onto Mennonite School Rd
	3.0	Mennonite School Rd turns slightly right and becomes Gridley Rd
	3.7	Right onto Rockvale Rd
	5.3	Left onto Lampeter Rd
	7.3	Left onto Penn Grant Rd
	7.6	Right onto Pequea Ln
	8.7	Left onto Lime Valley Rd
	9.5	Right onto Bachman Rd
	10.3	Left onto Deiter Rd

10.3 miles. +614/-621 feet

Type	Dist	Note
	11.4	Slight left onto Bunker Hill Rd
	12.2	Continue onto Shaub Rd
	12.5	Right onto May Post Office Rd
	12.7	Left onto Little Beaver Rd
	13.6	Continue onto Bishop Rd
	14.2	Right onto PA-741 E
	14.9	Right onto Paradise Ln/T-484
	15.8	Continue straight onto Paradise Ln (cross Rte 896)
	16.1	Slight left onto Iva Rd
	16.5	Right onto Summit Hill Dr
	16.7	Right onto Girvin Rd/T465
	17.6	Slight left onto Sides Mill Rd
	17.8	Right onto Lantz Rd
	18.2	Slight left onto Weaver Rd
	19.2	Continue onto Winter Hill Rd

8.9 miles. +475/-462 feet

Type	Dist	Note
	19.8	Right onto Stively Rd/T467
	20.7	Right onto Sandstone Rd/T722
	21.1	Left onto Bunker Hill Rd
	21.7	Continue onto Krantz Mill Rd
	22.7	Right onto Refton Rd/T498
	23.1	Left onto Smithville Rd
	24.0	Slight right onto Byerland Church Rd
	24.4	Cross Hwy 272 onto Byerland Church Rd
	26.1	OPT Turn left onto Rawlinsville Rd
	26.4	Lancaster County Winery / Make a U-turn
	26.7	Left onto Byerland Church Rd (back on route)
	26.9	Right onto Mt Hope School Rd
	27.3	Left onto Indian Hill Rd/T557
	28.1	Right onto PA-324 N
	29.2	Right onto W Penn Grant Rd

10.0 miles. +677/-810 feet

Type	Dist	Note
	31.0	Right onto Silver Ln
	31.7	Slight left onto Fieldcrest Dr
	32.6	Right onto US-222 S
	32.8	Left onto Lime Valley Rd
	33.1	Left onto S View Rd
	33.9	Right onto Penn Grant Rd
	34.3	Slight left onto Lampeter Rd
	39.0	Continue onto Pitney Rd
	41.2	Left onto Greenfield Rd
	41.6	Right onto Willow Rd
	42.8	Left onto Horseshoe Rd
	43.3	End of route

14.1 miles. +671/-792 feet