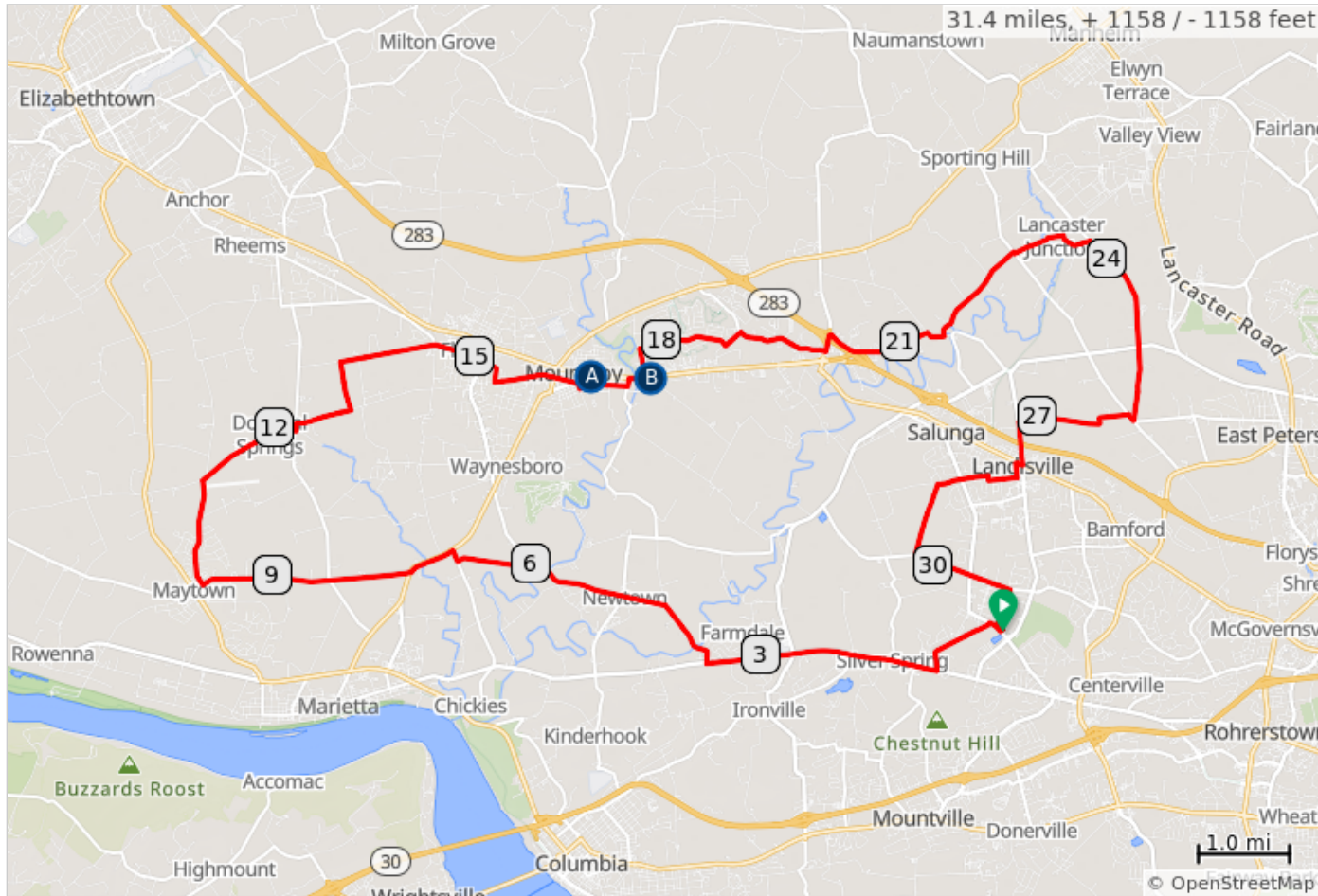
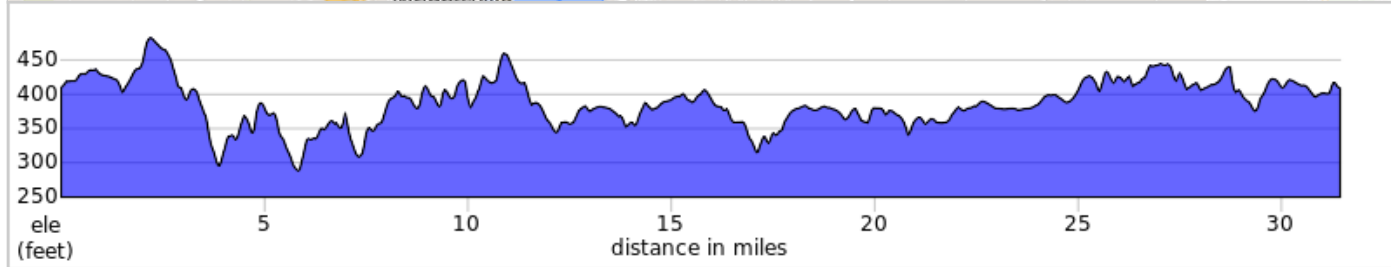


HS Rise Bake Shop (31F)



Start: Hempfield Sports Complex
Terrain: Flat
Max Grade: 3.7%
Rev: October 2023

- A. Made With Love Not Gluten Bakery
- B. Rise Bake Shop and Coffee Bar



HS Rise Bake Shop (31F)

Type	Dist	Note
	0.0	Start of route
	0.0	Right onto Stony Battery Road
	0.2	Left onto Ivy Drive
	1.1	Right onto Marietta Avenue, PA 23
	3.6	Right onto Bridge Valley Road
	4.5	Slight left onto Iron Bridge Road
	6.0	Keep left to stay on Iron Bridge Road
	6.9	Right onto Long Lane
	7.0	Left onto Anderson Ferry Road, PA 772
	7.5	Keep right onto Rock Point Road
	9.8	Right onto North Queen Street

9.8 miles. +476/-472 feet

Type	Dist	Note
	9.9	Continue onto Endslow Road
	11.0	Right onto Donegal Springs Road
	12.2	Left onto Colebrook Road
	12.3	Right onto Donegal Springs Road
	12.9	Left onto Nissley Road
	13.4	Right onto Carmany Road
	14.5	Straight Carmany Road becomes Wood Street
	15.0	Straight continue on Wood Street
	15.2	Right onto Chocolate Avenue
	15.4	Sharp left onto Donegal Springs Road
	15.9	Slight right onto West Donegal Street

6.1 miles. +203/-210 feet

Type	Dist	Note
	16.3	Slight left onto Marietta Avenue, PA 772
	16.3	Right onto South Delta Street
	16.4	Left onto Columbia Avenue
	16.9	Left onto Longenecker Road
	17.0	Right onto East Main Street, PA 230
	17.2	Right
	17.3	Left
	17.3	Right
	17.3	Left onto East Main Street, PA 230
	17.4	Right onto Lefever Road
	17.7	Right onto Willow Creek Drive
	18.7	Left onto Cornerstone Drive
	18.9	Right onto Strickler Road

3.0 miles. +83/-79 feet

Type	Dist	Note
	19.9	Left onto Esbenshade Road
	20.1	Right onto Auction Road
	21.3	Right to stay on Auction Road
	21.5	Left to stay on Auction Road
	22.7	Right onto South Colebrook Road
	22.8	Left to stay on Auction Road
	23.3	Right onto Warehouse Road
	23.7	Right onto Junction Road
	25.9	Sharp right onto South Colebrook Road
	25.9	Left onto Long Road
	27.2	Left onto Landisville Road
	27.7	Sharp right onto East Main Street
	27.8	Left onto East Elizabeth Street

8.8 miles. +211/-182 feet

Type	Dist	Note
←	27.8	Left onto Bank Street
→	27.9	Right onto Stanley Avenue
→	28.3	Right onto Emily Avenue
←	28.3	Left onto Silver Spring Road
←	28.9	Left to stay on Silver Spring Road
↙	29.7	Sharp left onto Nolt Road
→	30.9	Right onto Snapper Dam Road
←	31.3	Left onto Stony Battery Road
←	31.4	Left into parking area
📍	31.4	End of route

3.7 miles. +109/-113 feet