

Lancaster Bicycle Club's **Northern Exposure**



Sep 2005

Start: Manheim Central High School

Terrain: Hilly Climb Per Mile: 70 ft Steepest Climb: 7%

Key: R = Right Turn L = Left Turn T = Thru on

<u>Miles</u>	<u>Turn</u>		<u>Miles</u>	<u>Turn</u>	
0.0	L	Hershey Ave (immediately)	21.0	R	Rte 117 (at T)
0.0	R	Adelle Ave (immediately)	21.6	R	Epler Rd
0.1	L	Laurel Ave (immediately)	21.9	L	Rte 341 (at Y)
0.2	R	Gramby St	22.3	L	Rte 241
0.7	R	Penn St	23.0	R	Rte 117
1.0	L	Colebrook Rd	23.1	L	Rte 117 (My Gretna Rd)
1.7	R	Shumaker Rd (at Y)	25.5	R	Pennsylvania Ave (immediately)
5.8	L	Cider Press Rd	25.6	R	Wesleyan Ave (immediately)
6.1	R	Camp Rd	25.6	L	Lafayette Ave (immediately)
6.6	L	Creek Rd	25.7	R	Lehigh Ave (immediately)
6.9	R	Church Rd	25.8	L	Lancaster Ave
8.2	R	Mt. Wilson Rd. (immediately)	26.0	R	Pinch Rd
8.3	L	Harvest Rd	28.5	L	Cider Press Rd
11.4	L	Trail Rd	29.0	T	cross Rte 72 (Mountain Rd)
11.7	R	Elizabethtown Rd	30.9	R	Boyer Run Rd
12.2	R	Milton Grove Rd	31.5	R	Sanctuary Rd
14.1	R	Rte 241 (Mt Gretna Rd)	31.8	L	Newport Rd
15.2	L	Eckert Rd	32.1	T	White Oak Rd
16.0	R	at T (Gingrich Rd.)	34.1	R	Hamaker Rd.
16.2	L	Long Rd	34.3	L	to stay on Hamaker Rd.
17.3	L	Rte 341 (at T)	34.7	L	Hershey Ave
17.5	R	Bachmansville Rd.	35.0	L	into parking lot
18.2	R	Patrick Rd			