

# Thursday Evening Fitness Ride (Odd)



May 2015

Terrain: **Rolling** Climb Per Mile: 58 ft Steepest Climb: 7%

**Start: Landisville Middle School**

**Key: R = Right Turn L = Left Turn T = Thru on**

<u>Miles</u>	<u>Turn</u>		<u>Miles</u>	<u>Turn</u>	
0.0	L	Mumma Dr.	11.8	L	Meadow View Rd.
0.2	T	School Parking Lot	12.0	R	Sunnyside Rd.
0.5	L	Stanley Ave.	12.2	R	Valley Rd.
0.7	R	Cooper Ave. (immediately)	14.0	L	Hossler Rd.
	L	Silver Spring Rd.	15.6	R	N. Colebrook Rd.
1.2	T	Clear Spring Rd.	17.0	T	S. Colebrook Rd. (at light)
2.0	R	Eby Chiques Rd.	17.2	L	Mill Rd.
3.3	R	Malbach Lane	17.8	R	Junction Rd.
3.6	T	Mckinley Rd. at 230.	18.6	R	Auction Rd..
3.9	L	Strickler Rd.	19.4	T	Auction Rd. (cross Colebrook Rd.)
5.2	T	N. Strickler Rd.	20.6	R	Erisman Rd.
5.4	L	Elm Tree Rd.	20.8	L	Auction Rd..
6.3	R	Milton Grove Rd.	22.0	L	Esbenshade Rd.
7.0	L	Mount Pleasant Rd.	22.3	T	Old Harrisburg Pike (at light)
7.6	R	Risser Mill Rd.	24.4	R	Cooper Ave.
8.1	L	Valley View Rd.	24.8	L	Stanley Ave.
9.1	R	Grand View Rd.	25.1	R	School Parking Lot
9.8	L	Milton Grove Rd.	25.3	T	Mumma Dr.
10.2	R	Echo Valley Rd.	25.6	R	Middle School